



Lifestyle Medicine & Food As Medicine Essentials Course

Accreditation Statement

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation Statement

For Medicine: Rush University Medical Center designates enduring material for a maximum of 5.50 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

For Nursing: Rush University Medical Center designates this enduring material for a maximum of 5.50 nursing contact hour(s).

For Pharmacy: Rush University Medical Center designates this knowledge-based enduring material for a maximum of 5.50 contact hour(s) for pharmacists.

For Psychologists: Rush University Medical Center designates this enduring material for 5.50 CE credits in psychology.

For Dietitians: This enduring material has been approved by the Commission on Dietetic Registration for 5.50 CPEUs.

For Social Work: As a Jointly Accredited Organization, Rush University Medical Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved continuing education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 5.50 general continuing education credits.

For physical therapy or occupational therapy: Rush University is an approved provider for physical therapy/occupational therapy by the Illinois Department of

Professional Regulation. Rush University designates this enduring material for a maximum of 5.50 continuing education credits for physical therapists/ occupational therapists.

ABIM MOC: Successful completion of this activity, which includes participation in the evaluation component, enables the participant to earn up to 5.50 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participation completion information to ACCME for the purpose of granting ABIM MOC credit.

AAFP Prescribed Credits: The AAFP has reviewed Lifestyle Medicine & Food as Medicine Essentials Course Bundle and deemed it acceptable for up to 5.50 Enduring Materials, Self-Study AAFP Prescribed credit(s). Term of Approval is from 09/15/2024 to 09/14/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)TM toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

ABLM MOC: The American Board of Lifestyle Medicine has approved 5.5 maintenance of certification credits (MOC) for this learning activity.

For NBC-HWCs: The National Board for Health and Wellness Coaching (NBHWC) has approved 5.5 continuing education credits for this learning activity: CE-000109-1.

Faculty Disclosures

As a provider of continuing education, Rush University Medical Center asks everyone who has the ability to control or influence the content of an educational activity to disclose information about all of their financial relationships with ineligible companies within the prior 24 months. There is no minimum financial threshold; individuals must disclose all financial relationships, regardless of the amount, with ineligible companies. Individuals must disclose regardless of their view of the relevance of the relationship to the education. Mechanisms are in place to identify and mitigate any potential conflicts of interest prior to the start of the activity. All information disclosed must be shared with the participants/learners prior to the start of the educational activity.

Unapproved Uses of Drugs/Devices: In accordance with requirements of the FDA, the audience is advised that information presented in this continuing medical education activity may contain references to unlabeled or unapproved uses of drugs or devices.

Please refer to the FDA approved package insert for each drug/device for full prescribing/utilization information.

The course director(s), planner(s), faculty, and reviewer(s) of this activity have no relevant financial relationship(s) with ineligible companies to disclose.